



HealthQuest Pool Schedule: June 1st - August 31st 2010

| Monday | | | | | | |
|--------|----------------------|----------|---|---|----------|--------|
| | Lane 1 | Lane 2 | 3 | 4 | Lane 5 | Lane 6 |
| 5:00 | Rec Swim | Lap Swim | | | Lap Swim | |
| 5:30 | | | | | | |
| 6:00 | | | | | | |
| 6:30 | | | | | | |
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| 7:30 | | | | | | |
| 8:00 | | | | | | |
| 8:30 | | | | | | |
| 9:00 | | | | | | |
| 9:30 | Aqua Aerobics 9:30am | | | | Lessons | |
| 10:00 | | | | | | |
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| 11:00 | | | | | | |
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| 1:30 | Lessons | | | | | |
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| 6:30 | Aqua Aerobics 6:30pm | | | | | |
| 7:00 | | | | | | |
| 7:30 | | | | | | |
| 8:00 | Rec Swim | Lap Swim | | | Lap Swim | |
| 8:30 | | | | | | |
| 9:00 | | | | | | |
| 9:30 | | | | | | |
| 10:00 | | | | | | |

| Tuesday | | | | | | |
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| | Lane 1 | Lane 2 | 3 | 4 | Lane 5 | Lane 6 |
| 5:00 | Rec Swim | Lap Swim | | | Lap Swim | |
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| 9:30 | Aqua Aerobics 9:30am | | | | | |
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| 6:30 | Aqua Aerobics 6pm | | | | | |
| 7:00 | Rec Swim | | | | | |
| 7:30 | | | | | | |
| 8:00 | Master Swim | | | | | |
| 8:30 | | | | | | |
| 9:00 | | | | | | |
| 9:30 | | | | | | |
| 10:00 | | | | | Lap Swim | |

| Wednesday | | | | | | |
|-----------|-----------------------|----------|---|---|----------|---------|
| | Lane 1 | Lane 2 | 3 | 4 | Lane 5 | Lane 6 |
| 5:00 | Rec Swim | Lap Swim | | | Lap Swim | |
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| 9:30 | Aqua Aerobics 9:00am | | | | | |
| 10:00 | Aqua Aerobics 10:00am | | | | | Lessons |
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| 9:00 | | | | | | |
| 9:30 | | | | | | |
| 10:00 | Rec Swim | Lap Swim | | | Lap Swim | |

* This schedule is subject to change *



HealthQuest Pool Schedule: June 1st - August 31st 2010

| Thursday | | | | | | |
|----------|----------------------|----------|----------|----------|----------|----------|
| | Lane 1 | Lane 2 | 3 | 4 | Lane 5 | Lane 6 |
| 5:00 | Rec Swim | Lap Swim | Lap Swim | Lap Swim | Lap Swim | Lap Swim |
| 5:30 | | | | | | |
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| 10:00 | Aqua Aerobics 9:30am | Lap Swim | Lap Swim | Lap Swim | Lap Swim | Lap Swim |
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| Friday | | | | | | |
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| | Lane 1 | Lane 2 | 3 | 4 | Lane 5 | Lane 6 |
| 5:00 | Rec Swim | Lap Swim | Lap Swim | Lap Swim | Lap Swim | Lap Swim |
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| 10:00 | Aqua Aerobics 9:30am | Lap Swim | Lap Swim | Lap Swim | Lap Swim | Lap Swim |
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| Saturday | | | | | | |
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| | Lane 1 | Lane 2 | 3 | 4 | Lane 5 | Lane 6 |
| 6:00 | Rec Swim | Lap Swim | Lap Swim | Lap Swim | Lap Swim | Lap Swim |
| 7:00 | | | | | | |
| 8:00 | | | | | | |
| 8:30am | | | | | | |
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| Sunday | | | | | | |
|--------|----------|----------|----------|----------|----------|----------|
| | Lane 1 | Lane 2 | 3 | 4 | Lane 5 | Pool 2 |
| 6:00 | Rec Swim | Lap Swim | Lap Swim | Lap Swim | Lap Swim | Lap Swim |
| 7:00 | | | | | | |
| 8:00 | | | | | | |
| 9:00 | | | | | | |
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| 8:00 | | | | | | |
| 9:00 | | | | | | |
| 10:00 | | | | | | |

* This schedule is subject to change *

*Party schedules change week to week. If there is no party scheduled lanes 4, 5, and 6 will be available for lap or rec swim. *